

Eat. Play. Connect. Belong.



Enjoy two weeks short-term respite care **at no cost***

Enriching and celebrating life together

We understand the past few months have been a challenging time for most but particularly for older people living alone in our community.

That's why we're offering short-term respite care at no cost*.

During your stay you'll enjoy; meeting new people and warm conversations over fresh, nutritious meals, cooked daily, hobbies you love and the opportunity to try a new activity or two.

Our Registered Nurses provide care 24/7 for all your personalised clinical needs.

At Estia Health, we exist to enrich and celebrate life together, so the choice is yours. Whether you enjoy a full day of activities and companionship or peace and quiet, you can choose how your day unfolds and let us look after you.

Visit estiahealth.com.au or call **1800 861 647**

***Terms and Conditions apply**

Must have a valid respite ACAT assessment. Your stay must be booked before 28 February 2021. The offer is for minimum two week stay, and subject to availability. For a list of our full T&Cs and for more information please visit estiahealth.com.au/warmwelcome

'It's so warm here at Estia Health. The employees, the food - everything is wonderful. I was so run down. I've now put on weight, have made friends and doing things I couldn't do on my own.'

June, resident.

Estia 
Health